



**HEART
TO TABLE**

A COMMISSIONING LETTER

To the person you're about to become.
Sealed today, opened later.

Heart to Table · RISE

Now Go and Shine.

Healing doesn't happen in isolation.

BEFORE YOU WRITE

HOW TO USE THIS LETTER

A letter from you, to you. Write it as you actually are right now, not as you wish you were.

STEP	DETAIL
Find somewhere quiet.	Write by hand if you can, and leave it alone once it's written.
Choose your reopen date first.	A birthday, a year from today, the end of your next season. Write it on the label.
Seal it.	Fold the letter, seal it in an envelope and stick the "Do Not Open Until" label on the front.
Keep it findable.	Not somewhere so safe you forget it. Set a reminder if you need to.
Read it first.	On the day, read it before you check anything else.

"You are the light of the world. Let your light shine before others."

MATTHEW 5:14-16

DEAR _____,

WRITTEN ON _____

If you're reading this, the day I've been waiting for has finally come. Right now, here's honestly where I am:

Here's what I'm believing God for in the season ahead, even though I can't see how yet:

Here's what I'm most afraid of right now, and I'm not going to pretend otherwise:

Here's something I hope has happened by the time you're reading this:

Here's a promise I want to make to you, the one reading this now:

If you've forgotten this by the time you read it, here's what I need you to remember most:

Here's who I hope you've become, not what you've achieved:

Whatever has changed, whatever hasn't, hear this from today's version of you, one last time:

NOW GO, AND SHINE.

With love, and full belief in who you're becoming,

CUT THESE OUT

LABEL & SEAL

Cut along the dashed lines. Tape a label to the front of your sealed envelope and use a circle as a seal over the flap.

DO NOT OPEN UNTIL

Date: _____

DO NOT OPEN UNTIL

Date: _____

SEALED

• RISE •

SEALED

• RISE •

SEALED

• RISE •